



Welcome to the D73 Southern Cross

Light Up the Member, Light up the Club

District 73 Toastmasters provides a mutually supportive and positive environment in which every D73 member has the opportunity to contribute to the growth and well-being of other district members.

This newsletter, the “Southern Cross” is here to help celebrate member, club, area, division, and district successes; and to share district-related and Toastmasters International information, news, and events. With other mediums, such as the [D73 Website](#) and the [D73 Facebook Group](#), we aim to share ideas and opinions about improvements you would like to see in the district.

This Month in the Southern Cross:

D73 DISTRICT COUNCIL MEETING

District Officer and Toastmaster of the Year Nominations

AREA DIRECTOR ELECTIONS

International Director David Fisher DTM

Top Ten District 73 Website Resources

Pathways

New to Toastmasters

Get New Members - And Party Hard

Educational Excellence

Speechcraft

A Toastmaster's Promise

D73 DISTRICT COUNCIL MEETING

Hotel Grand Chancellor Hobart

1 Davey Street, Hobart, Tasmania

Saturday 19 May 2018

3.00 pm – 6.00 pm

The District Council meeting will be held at the D73 Annual Convention in Hobart at the above address at 3:00 to 6:00pm on Saturday 19 May 2018. Each Club is represented by the Club President and Vice President Education (VPE) who are entitled to one vote each. If either or both officers cannot attend, they may designate in writing **any other active member(s) of their club** to act as proxy or proxies for their club.

If the President or VPE does not attend the meeting and has not designated in writing an active member of the club to act as his or her proxy, the officer or proxy holder in attendance is deemed to hold the proxy of the other and may cast two votes at the meeting. Each District Officer in attendance is also entitled to one vote and may also have up to two club votes (including proxies) for clubs of which they are an active member, up to a maximum of three votes per Officer. **Proxy forms will be sent out shortly to all Club Presidents and VPEs.**

It is important that your club is represented either by the President or VPE in attendance or a proxy is assigned. Clubs should consider the Motions on Notice to decide the Club's vote.

The following elections will be held; and motions on notice to be debated at the District Council meeting are as follows. Full disclosure of the motions on notice will be distributed along with the Proxy forms:

Elections

District Director

Program Quality Director

Club Growth Director

Division Directors

Motions

1. That (a) D73 Club Officer Training be held each year as outlined in the booklet, and b) that the D73 District Operating Procedures Manual, Section 14 on page 8 be updated as described in the booklet
2. That a) District 73 does not reimburse gifts to Contest Officials at Area, Division and District contests, (b) The D73 District Operating Procedures Manual, Section 19 on page 10 be amended to include the paragraph, 'District 73 does not reimburse gifts to Contest Officials at Area, Division and District contests.'
3. That: (a) the order of district speech contests at the District Convention held the third weekend in May is as described in the booklet and b) the operating procedure manual is updated as described in the booklet.
4. That the term District Leadership Committee be amended to District Leadership Team in the following sections of the District 73 Operating Procedures Manual as per the booklet.
5. That (a) One day convention tickets for the D73 Annual Convention are made available for sale at the same time as full convention tickets; (b) Convention Day tickets, excluding the Gala Dinner, are made available for purchase as a separate line item; and (c) The D73 District Operating Procedures Manual, Section 16, District Conventions, on page 10 be amended as described in the booklet.

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District Officer and Toastmaster of the Year

Nominations

Each year at the District 73 Annual Convention, two special awards are presented: ***District Officer of the Year*** and ***District Toastmaster of the Year***.

This is an opportunity for you to recognise an outstanding District Officer and/or a Toastmaster for all their hard work.

The ***District Officer of the Year*** is selected from the Senior Leadership Team; however, it does not include Area or Division Directors. The *Area Director of the Year* and *Division Director of the Year* awards will be presented at the District Changeover Dinner and nominations for these awards will be sought later.

The ***District Toastmaster of the Year*** is awarded to a member who has made a significant and outstanding contribution within the District. It recognises the work of a Toastmaster who has gone above and beyond the duties and expectations of their role.

Do you know a Toastmaster who you feel has exceeded in their role this year? Have they gone above and beyond what is expected of them? Are they the type of person people turn to for guidance and help?

If you feel there is someone who deserves either of these prestigious awards, please submit a nomination by writing a couple of paragraphs detailing why you think the Toastmaster of your choice deserves the award. Nominations for both awards are to be sent to Christine Dimitros, District Director –

districtdirector@d73.toastmasters.org.au

A Toastmasters International (TI) form detailing criteria that can be used as a guide for the ***District Toastmaster of the Year*** award will be emailed out to D73 members shortly. There are no specific TI criteria for the ***District Officer of the Year*** award. Both awards will be presented at the Devilicious Gala Dinner on Saturday 19 May 2018 at the District 73 Annual Convention in Hobart.

The closing date for nominations for both awards is **Friday 11 May 2018**.

Thank you in anticipation for your help.

Christine Dimitros DTM

D73 District Director 2017-2018

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AREA DIRECTOR ELECTIONS

Do you need to complete a District Officer role to achieve your DTM in the Traditional Program? Or would you like to award a District Officer role in your Pathways Program? Consider taking on the role of an Area Director for 2018-2019.

Area Directors serve as the direct liaison between the district and its clubs.

They conduct club visits twice a year within their respective areas to understand and support club needs. In turn, these visits help district leaders understand how to support and meet the needs of each club. The role also includes holding an Area Council Meeting with the Presidents, VPEs and VPMs of each club twice a year and organising the Area Contest.

The Area Director role counts towards accreditation as a District Leader for the Advanced Leader Silver (ALS) award in the Traditional Program. This is a great opportunity if you are looking to complete your DTM award before the current system phases out in 2020. This is the second last year to take up this opportunity. However, if you do not complete your ALS award in the current system, the District Officer Role can be carried over to the new Pathways system.

Area Director Elections are held at Area Council meetings, which must be held at least two weeks before or up to four weeks after the D73 District Council Meeting on Saturday 19 May 2018. The current Area Director determines the time and place of the Area Council meeting. If you would like to apply for a particular Area Director role, please contact the current Area Director to put forward your nomination. Area

Director contacts can be found on the D73 website District Leaders Contacts List

<https://d73.toastmasters.org.au/officers/>

Christine Dimitros DTM

D73 District Director 2017-2018

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International Director David Fisher DTM

A message from our International Director David Fisher DTM

This being my last official communication with you before my term as International Director comes to a conclusion in August this year, I wanted to leave you with a message of encouragement.

Becoming a Distinguished Toastmaster is a great achievement and this should be the goal for us all, regardless whether we already have that designation or not. It shows you can learn to become confident, learn about leadership and that you can stay the course, as well as many other characteristics.

Leadership is a journey, though, without destination. There is so much more to the leadership journey. It is not a position of power but a presence in service of others. For a deeper level of leadership, DTM is just the start! To be able to serve on the Board, I personally needed to embrace global leadership more. I needed to broaden my horizons. I needed to learn more how to connect with more people in our eclectic community. This has been my journey and it is continuous.

I encourage you to ponder your journey in leadership. Every one of us has something to offer. I urge you to think about your next step. If it is a stretch for you to step into one of the roles in the Club Executive Committee, or Area Director, District Leadership or even International Leadership, rely on the support you will have amongst your peers and challenge yourself. You only need to ask for support. If you have already done a particular leadership role, encourage and support others to step into that role. Lead them by mentoring them. The learning is much stronger from leading someone else through a role. Our leadership abilities can be used in so many ways.

We now have a program which will lift the lid on communication and leadership possibilities for us all. Pathways has been with us for six months now and many members have adopted it. The feedback is most encouraging and the uptake rate increases with each week. Each project targets a specific learning and the elements of repetition after evaluation and mentoring are of huge worth. It has immense value and I encourage you to take it on, progress through it at a

pace that will provide the best learning for you and support each other throughout. It is not a race but a collaborative project, from which we all benefit.

It has been an absolute pleasure serving you as International Director for the past two years. I look forward to the continued connection with you. I look forward to sharing a wonderful convention with you!

David Fisher DTM
International Director

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Top Ten District 73 Website Resources

The **District 73 website has been upgraded** over the last few months, and now has several resources that may be helpful for you and your club.

Here are the **Top Ten**:

1. A fully editable **Membership Application Form** that you can tailor for your club:
<https://d73.toastmasters.org.au/membership-form/>
2. Lots of information about **Pathways**: <https://d73.toastmasters.org.au/downloadable-information/>
3. A **Find-A-Club** feature that only searches clubs in District 73: <https://d73.toastmasters.org.au/find-a-club/>
4. The District 73 **Insurance** form: <https://d73.toastmasters.org.au/insurance/>
5. The District 73 **Reimbursement** form: <https://d73.toastmasters.org.au/reimbursements/>
6. The **Club Badge Order Form**: <https://d73.toastmasters.org.au/club-badge-order-form/>
7. A checklist for **Area Directors**: <https://d73.toastmasters.org.au/area-director-checklist/>
8. A checklist for **Division Directors**: <https://d73.toastmasters.org.au/division-director-checklist/>
9. Plenty of documents about how to run a **Speech Contest, Blank Agendas and Contest Chair scripts**: <https://d73.toastmasters.org.au/contest-scripts-agendas-checklists/>
10. A link to the upcoming **Cathey Armillas Marketing workshop** in Melbourne:
<https://d73.toastmasters.org.au/online-bookings/>

If you haven't looked at the website for a while, come and visit!

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Pathways

Courtesy of Mark Snow of District 69.

Navigating through the many levels of Pathways

The following pages shows the new journey to DTM using Pathways.

MASTERING FUNDAMENTALS

A Guide to Level 1 of Pathways



SELECT AND ACTIVATE LEARNING PATH

#1	Ice Breaker	Prepare and deliver a speech introducing yourself to your club	4 to 6 mins.
#2	Evaluation & Feedback	A. Prepare and deliver a speech on any topic	5 to 7 mins.
		B. Prepare and deliver a speech on any topic OR repeat your previous speech, incorporating feedback received in Part A	5 to 7 mins.
		C. Serve as a speech evaluator for another member	Per Club Program
#3	Researching & Presenting	Prepare and deliver a speech on a topic you are not already familiar with or wish to learn more about	5 to 7 mins.

SUBMIT LEVEL 1 COMPLETION REQUEST

Base Camp

OR

Level Completion Verification Form
(Print Members)

BASE CAMP MANAGER APPROVES REQUEST

(Level 2 Unlocked)

VPE SUBMITS LEVEL 1 AWARD IN CLUB CENTRAL

(Award Registered on Member Profile)

LEARNING YOUR STYLE

A Guide to Level 2 of Pathways



LEVEL 1 COMPLETION REQUEST APPROVED

#1	Required Project #1	Prepare and deliver speeches and/or fulfil other activities as required by the project	Per Project Description
#2	Required Project #2	Prepare and deliver speeches and/or fulfil other activities as required by the project	Per Project Description
#3	Introduction to Toastmasters Mentoring	Prepare and deliver a speech about a time when you were a protégé.	5 to 7 mins.

SUBMIT LEVEL 2 COMPLETION REQUEST

Base Camp

OR

Level Completion Verification Form
(Print Members)

BASE CAMP MANAGER APPROVES REQUEST

(Level 3 & Pathways Mentor Program Unlocked)

VPE SUBMITS LEVEL 2 AWARD IN CLUB CENTRAL

(Award Registered on Member Profile)

INCREASING KNOWLEDGE

A Guide to Level 3 of Pathways



LEVEL 2 COMPLETION REQUEST APPROVED

#1	Required Project #1	Prepare and deliver speeches and/or fulfil other activities as required by the project	Per Project Description
#2	Elective Project #2	Prepare and deliver speeches and/or fulfil other activities as required by the project	Per Project Description
#3	Elective Project #2	Prepare and deliver speeches and/or fulfil other activities as required by the project	Per Project Description

AND HAVE PREVIOUSLY SERVED AS:

Topicsmaster	Toastmaster	Speech Evaluator
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SUBMIT LEVEL 3 COMPLETION REQUEST

Base Camp	OR	Level Completion Verification Form (Print Members)
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BASE CAMP MANAGER APPROVES REQUEST
(Level 4 Unlocked)

VPE SUBMITS LEVEL 3 AWARD IN CLUB CENTRAL
(Award Registered on Member Profile)

BUILDING SKILLS

A Guide to Level 4 of Pathways



LEVEL 3 COMPLETION REQUEST APPROVED

#1	Required Project #1	Prepare and deliver speeches and/or fulfil other activities as required by the project	Per Project Description
#2	Elective Project #1	Prepare and deliver speeches and/or fulfil other activities as required by the project	Per Project Description

SUBMIT LEVEL 4 COMPLETION REQUEST

Base Camp

OR

Level Completion Verification Form
(Print Members)

BASE CAMP MANAGER APPROVES REQUEST
(Level 5 Unlocked)

VPE SUBMITS LEVEL 4 AWARD IN CLUB CENTRAL
(Award Registered on Member Profile)

DEMONSTRATING EXPERTISE

A Guide to Level 5 of Pathways



LEVEL 4 COMPLETION REQUEST APPROVED

#1	Required Project #1	Prepare and deliver speeches and/or fulfil other activities as required by the project	Per Project Description
#2	Elective Project #1	Prepare and deliver speeches and/or fulfil other activities as required by the project	Per Project Description
#3	Reflect on Your Path	Prepare and deliver a speech to share your experience completing your path	10 to 12 mins.

SUBMIT LEVEL 5 COMPLETION REQUEST

Base Camp

OR

Level Completion Verification Form
(Print Members)

BASE CAMP MANAGER APPROVES REQUEST
(Learning Path Completed)

VPE SUBMITS LEVEL 5 AWARD IN CLUB CENTRAL
(Award Registered on Member Profile)

PATHWAYS MENTORING

A Guide to the Pathways Mentor Program



PATHWAYS MENTOR PROGRAM ACTIVATED

#1	Prepare to Mentor	Complete the self-evaluation resources included in the project	Nil
#2	Mentoring	A. Work with a protégé to complete a project	Per Project Description
		B. Prepare and deliver a speech about your mentoring experience	5 to 7 mins.
#3	Advanced Mentoring	A. Fulfil the role of mentor for a fellow Toastmaster or other person for a period of six months	6 months
		B. Prepare and deliver a speech about what you gained as a mentor	5 to 7 mins.

SUBMIT MENTOR PROGRAM COMPLETION REQUEST

Base Camp

OR

Mentor Program Completion Form
(Print Members)

BASE CAMP MANAGER APPROVES REQUEST
(Pathways Mentor Program Completed)

VPE SUBMITS MENTOR PROGRAM AWARD IN CLUB CENTRAL
(Award Registered on Member Profile)

(OPTIONAL) COMPLETE LEVEL 5 IN ANY PATH

PATHWAYS MENTOR DESIGNATION EARNED

DISTINGUISHED TOASTMASTER

A Guide to the Pathways DTM



JOIN AS A MEMBER

Begin at ANY Time and Complete in ANY Order	Education	A. Complete any ONE learning path	Self-paced
		B. Complete a second, different learning path to Part A	Self-paced
		C. Complete the Distinguished Toastmaster Project	Self-paced
	Club Leadership	Serve as a club officer for any ONE of: A. ONE 12-month term, or B. Any TWO 6-month terms	12 months total
	District Leadership	Serve as a District officer for ONE 12-month term	12 months
	Club Extension	Serve as any ONE of: A. Club Sponsor B. Speechcraft Coordinator, or C. Youth Leadership Coordinator	Per Role Description
	Club Support	Serve as any ONE of: A. Club Mentor, or B. Club Coach	Per Role Description

VPE SUBMITS PATHWAYS DTM AWARD TO WHQ
(Award Registered on Member Profile)

Produced by Mark Snow DTM, District 69

New to Toastmasters

Here's a wonderful opportunity if you're new to Toastmasters and looking to

improve your skills.

Nola Sharp and her Ranges team are running an orientation night for new Toastmasters. This is designed to be a fun and relaxed evening where you can learn more about what awaits you in Toastmasters!!!

Take your Toastmasters buddies along, and make a night of it!...

It's being held at Wandin CFA which means you'll get to enjoy a lovely drive to the Yarra Valley. Here are the details:

When: Tuesday May 8th 2018

Time: 7.30 – 9.00 pm

Where: Wandin CFA

The station is on the corner of Warburton Hwy and Clegg Rd, Wandin. It's next to the only roundabout in town. Parking is available in the adjacent football ground.

RSVP by 30th April to [Nola Sharp](#)

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Get New Members - And Party Hard!

Here's a tip that may get you some of those members back that have left your club, and also track down those old members when you're celebrating a club special event. If you're a club officer, you can now see a complete list of everyone who has been a member of the club. Here's how you do this.

1. Log in to Toastmasters International
2. Go to Leadership Central
3. Then go to Club Central
4. Scroll down to the menu: Administrative Reports
5. Select it and it gives you several options. One is Past and Present Members.
6. You can download the list. It shows everyone who's been a member of the club.

Remove the current members and it gives you an email list that you can send a

BCC email to invite them back to the club.

Some clubs that have been running for years probably have several hundred names in their list.

This function is also helpful if you have a club anniversary coming up.

It means you can find every past member in a matter of seconds, and invite them back to join the party

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Educational Excellence

Congratulations to the District 73 members who have achieved an outstanding array of awards last month.

March 2018.

Award	Toastmaster	Club
Distinguished Toastmaster	Green, Tracy A.	Silver Service
Distinguished Toastmaster	Jorgensen, Leona Jillian	Rowville
Leadership Excellence	A'Vard, Aileen	The Hills
Leadership Excellence	Chiodo, Robert M.	Nullumbik
Adv Communicator Gold	Manders, Annemarie	Healesville
Adv Communicator Gold	Rhodes, Phiona L.	Cranbourne
Adv Communicator Silver	Avedikian, Giuliano Antonio	Monash
Adv Communicator Silver	Hughes, Karl	Rowville
Adv Communicator Silver	Summers, Peter R	North Melbourne
Adv Leader Silver	Green, Tracy A.	Silver Service
Adv Leader Bronze	Ahern, Anne Margaret	Frankston
Adv Leader Bronze	Cutler, Ben	Whitehorse
Adv Leader Bronze	Press, Catherine M	Knox
Adv Leader Bronze	Shroot, Leslie William	Servianites
Adv Leader Bronze	Sloan, Joy	Albury/Wodonga
Adv Communicator Bronze	Broughton, Kevin	Servianites
Adv Communicator Bronze	Green, Tracy A.	Gourmet
Adv Communicator Gold	Jorgensen, Leona Jillian	Rowville
Adv Communicator Bronze	Pitt, Darrell E.	Carlton
Adv Communicator Bronze	Smith, Michelle K.	Rev-Anew
Competent Communicator	Banham, Ann	Williamstown
Competent Communicator	Berriman, Nathan	Port Melbourne
Competent Communicator	Brown, Malcom W	Dandenong Ranges
Competent Communicator	Chua, Richard	ANZ Talk Of The Town
Competent Communicator	Fitzgerald, Sandra	Yarra Valley Water
Competent Communicator	Hoo, Li Ting	Valewood
Competent Communicator	Ilievski, Gayle	Speaking of Sustainability
Competent Communicator	Kerkman, Paula	GX SE
Competent Communicator	Marshall, Charlotte A	Carlton
Competent Communicator	Mercurio, Rosa	Champion
Competent Communicator	Nagalingam, Sev Verl	Adelaide City
Competent Communicator	Prabhu, Raghu	Ringwood
Competent Communicator	Prabhu, Vimalata	Ringwood
Competent Communicator	Prasad, Rinesh	Melton

Competent Communicator	Rappell, Philip Stephen	Nine Ninety
Competent Communicator	Sekeris, Andreas	National Australia Bank
Competent Communicator	Taing, Edric	Monash
Competent Communicator	Tyson, Stephanie	Parkville
Competent Communicator	Vargas, Camila F.	Carlton
Competent Leader	Banham, Ann	Williamstown
Competent Leader	Bowden, Trevor	Adelaide Students
Competent Leader	Cap, David Francis	North Adelaide
Competent Leader	Duncan, Warwick J	Croydon - Yarra Valley
Competent Leader	Evans, Jo Mary	Fitzroy
Competent Leader	Fuller, Graham D.	Wangaratta
Competent Leader	Glass, Sandra L.	Gourmet
Competent Leader	Hanekom, Willem	Jacobs
Competent Leader	Hughes, David Anthony	Frankston
Competent Leader	Madsen, Natasha	Thermo Fisher Scientific
Competent Leader	Maredia, Imran R	National Australia Bank
Competent Leader	Mercurio, Rosa	Champion
Competent Leader	Sharp, Nola Margaret	Wandin
Competent Leader	Sloan, Joy	Albury/Wodonga
Competent Leader	Williams, Leanne	Healesville
Effective Coaching 4	McCulloch, Carole M.	Wangaratta
Effective Coaching 4	Reynolds, Mark Andrew	SA Governors
Effective Coaching 3	McCulloch, Carole M.	Wangaratta
Dynamic Leadership 1	Allwood, Elizabeth Anne	Port Melbourne
Presentation Mastery 2	Hill, Bruce	Mail Exchange
Presentation Mastery 1	Hill, Bruce	Talking Point At Docklands
Visionary Communication 1	Ng, Kwan Liong	Melbourne University

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Speechcraft

What is Speechcraft?

Speechcraft is a short course run by Toastmasters that covers the basics of public speaking. It's been described as 'jet-powered learning' by participants, and typically runs for four, six or eight weeks. Group sizes are kept small – usually eight to twelve participants.

District 73 Toastmasters can also run a Speechcraft course at your work. Contact us and we can send a team of our experienced Toastmasters to your company so your employees can learn without even leaving the office.

What do we teach?

Taking a Speechcraft course will help you improve your communication skills and self-confidence. You will learn how to:

- deal with nerves and anxiety
- write and deliver prepared speeches
- improve your impromptu speaking ability
- learn how to give and receive feedback

For More Details on Available Speechcraft Courses.

[click here for SA](#)

[click here for Tas](#)

[click here for Vic](#)

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A Toastmaster's Promise

**As a member of Toastmasters International and my club, I
promise...**

- To attend club meetings regularly
- To prepare all of my projects to the best of my ability, basing them on the Toastmasters education program
- To prepare for and fulfil meeting assignments
- To provide fellow members with helpful, constructive evaluations
- To help the club maintain the positive, friendly environment necessary for all members to learn and grow
- To serve my club as an officer when called upon to do so
- To treat my fellow club members and our guests with respect and courtesy

- To bring guests to club meetings so they can see the benefits Toastmasters membership offers
- To adhere to the guidelines and rules for all Toastmasters education and recognition programs
- To act within Toastmasters' core values of integrity, respect, service and excellence during the conduct of all Toastmasters activities

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The Southern Cross values your input. If you have a Workshop, Special Event or something wonderful to share with the other members of District 73, contact the [Southern Cross editor](#) .

Past Editions of the Southern Cross can be found here... <http://d73.toastmasters.org.au/southern-cross-archives/>

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You are an active member of D73 Toastmasters International.

Our mailing address is:

Toastmasters District 73
99 Faraday Street
Carlton, Vic 3053
Australia

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DISTRICT 73

